ITINERLOG

International travel packing list

A checklist for international travel documents, offline copies, payment backups, and power adapters.

Documents

- [ ] Passport
- [ ] Entry or transit documents for your route
- [ ] Booking details and lodging address
- [ ] Emergency contact information
- [ ] Offline copies of key documents

Money & phone

- [ ] Payment card and backup
- [ ] Phone and charger
- [ ] Plug adapter if needed
- [ ] Mobile data plan
- [ ] Offline maps

During travel

- [ ] Daily medication
- [ ] Glasses or contacts
- [ ] Change of clothes
- [ ] Comfort layer
- [ ] Headphones

Before departure

- [ ] Verify entry and transit requirements
- [ ] Check medication guidance for your destinations
- [ ] Check your carrier’s bag rules
- [ ] Save arrival transportation details

Notes