ITINERLOG

Packing list for Japan

A Japan packing list for rail transfers, long walking days, offline directions, and compact overnight bags.

Rail & arrival

- [ ] Passport and travel documents
- [ ] Arrival instructions
- [ ] Rail booking details
- [ ] Lodging addresses offline
- [ ] Small day bag

Walking days

- [ ] Comfortable walking shoes
- [ ] Clean spare socks
- [ ] Compact rain layer
- [ ] Light layers
- [ ] Small hand towel

Power & payment

- [ ] Phone and cables
- [ ] Power bank
- [ ] Plug adapter if needed
- [ ] Payment card and backup
- [ ] Offline maps and translation

Overnight essentials

- [ ] Sleepwear
- [ ] Toiletries
- [ ] Laundry bag
- [ ] Daily medication
- [ ] Glasses or contacts

Notes